

# Cafeteria Menu for South Texas ISD

Menu subject to change without notice

# JUNE 2010

## REGULAR LINE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
	Beef Lasagna Chicken Fried Steak Seasoned Green Beans Mashed Potatoes (Brown Gravy) Peaches Fresh Fruit (Pear) Milk Choice	Cheese Enchiladas/Meat Sauce Spanish Rice Beans A la Charra Lettuce/Tomato Salad Rosy Applesauce Fresh Fruit (Orange) Milk Choice	Chicken Tenders Mac & Cheese Lettuce/Tomato Salad Fruit Cocktail Fresh Fruit (Apple) Roll Milk Choice	
7	8	9	10	11
<b>(SCHOLAR ACADEMY)</b> Chicken Fried Steak Lettuce/Tomato Salad Mashed Potatoes, White Gravy Fruit Cocktail Fresh Fruit (Orange) Milk Choice	<b>(SCHOLAR ACADEMY)</b> Carne Guisada w/Flour Tortillas Lettuce/Tomato Salad Spanish Rice, Beans A la Charra Orange Gelatin Fresh Fruit (Banana) Milk Choice	<b>(SUMMER SCHOOL)</b> Beef Lasagna Chicken Fried Steak Seasoned Green Beans Mashed Potatoes (Brown Gravy) Peaches Fresh Fruit (Pear) Milk Choice	Chicken Parmesan w/Pasta Lettuce/Tomato Salad Broccoli w/Cheese Roll Tropical Fruit Fresh Fruit Milk Choice	
14	15	16	17	18
Tostitos Frito Pie Lettuce/Tomato Salad Mac & Cheese Broccoli Fruit Cocktail Fresh Fruit (Banana)	Chicken Fajitas Lettuce/Tomato Salad Corn Peach Slices Roll Fresh Fruit (Apple) Milk Choice	Cheese Enchiladas/Meat Sauce Spanish Rice Beans A la Charra Lettuce/Tomato Salad Rosy Applesauce Fresh Fruit (Pear) Milk Choice	Oven Fried Chicken Mashed Potatoes (Brown Gravy) Lettuce/Tomato Salad Roll Peach Slices Fresh Fruit (Apple) Milk Choice	
21	22	23	24	25
Spaghetti with Meatballs Lettuce/Tomato Salad (Ranch) Broccoli w/Cheese Sauce Breadstick Pineapple Tidbits Fresh Fruit (Banana) Milk Choice	Beef Lasagna Chicken Fried Steak Seasoned Green Beans Mashed Potatoes (Brown Gravy) Peaches Fresh Fruit (Pear) Milk Choice	Cheese Enchiladas/Meat Sauce Spanish Rice Beans A la Charra Lettuce/Tomato Salad Rosy Applesauce Fresh Fruit (Orange) Milk Choice	Chicken Tenders Mac & Cheese Lettuce/Tomato Salad Fruit Cocktail Fresh Fruit (Apple) Roll Milk Choice	
28	29	30		
Chicken Fried Steak Lettuce/Tomato Salad Mashed Potatoes, White Gravy Fruit Cocktail Fresh Fruit (Orange) Milk Choice	Carne Guisada w/Flour Tortillas Lettuce/Tomato Salad Spanish Rice, Beans A la Charra Orange Gelatin Fresh Fruit (Banana) Milk Choice	Beef Lasagna Chicken Fried Steak Seasoned Green Beans Mashed Potatoes (Brown Gravy) Peaches Fresh Fruit (Pear) Milk Choice		

**Non-Discrimination Statement:** This explains what to do if you believe you have been treated unfairly. In accordance with federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call (800) 795-3272 or (202) 720-6382 (TTY). USDA is an equal opportunity provider and employer.

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## PIZZA AND MORE LINE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
	Hot Dog w/Cheese Cup or Chicken Chef Salad Pepperoni Pizza or Cheese Stix Mashed Potatoes, Brown Gravy Lettuce/Tomato Salad Peaches & Fresh Fruit Milk Choice	Spicy Chicken Burger or Pepperoni Pizza or Ham Chef Salad Baked Sun Chips Lettuce/Tomato Salad Apple Sauce & Fresh Fruit Milk Choice	Breaded Chicken Burger or Grill Cheese Texas Toast or Pepperoni Pizza Mac & Cheese Lettuce/Tomato Salad Fruit Cocktail & Fresh Fruit Milk Choice	
<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>
<b>(SCHOLAR ACADEMY)</b> Hamburger or Stuff Crust Pizza Lettuce/Tomato Salad Broccoli w/Cheese Pineapple Tidbits Fresh Fruit (Apple) Milk Choice	<b>(SCHOLAR ACADEMY)</b> Breaded Chicken Burger or Pepperoni Pizza or Chicken Chef Salad Tater Tots Lettuce/Tomato Salad Orange Gelatin & Fresh Fruit Milk Choice	<b>(SUMMER SCHOOL)</b> Hot Dog w/Cheese Cup or Pepperoni Pizza or Chicken Chef Salad Lettuce/Tomato Salad Seasoned Green Beans Peaches & Fresh Fruit Milk Choice	Grill Cheese Texas Toast or Pepperoni Pizza Lettuce/Tomato Salad Broccoli w/Cheese Fruit Cocktail Fresh Fruit Milk Choice	
<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
Chicken Tenders or Pepperoni Pizza Lettuce/Tomato Salad Mac & Cheese Broccoli Fruit Cocktail & Fresh Fruit Milk Choice	Pepperoni Pizza Corn Dog or Chicken Chef Salad Corn Lettuce/Tomato Salad Peaches, Fresh Fruit Milk Choice	Chicken Chef Salad or Chicken Fries or Pepperoni Pizza Tater Tots Lettuce/Tomato Salad Rosey Applesauce Fresh Fruit & Milk Choice	Grill Cheese on Texas Toast Stuffed Crust Pizza Mashed Potatoes, Brown Gravy Lettuce/Tomato Salad Pears & Fresh Fruit Milk Choice	
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
Hamburger or Stuff Crust Pizza Lettuce/Tomato Salad Broccoli w/Cheese Pineapple Tidbits Fresh Fruit (Apple) Milk Choice	Hot Dog w/Cheese Cup or Chicken Chef Salad Pepperoni Pizza or Cheese Stix Mashed Potatoes, Brown Gravy Lettuce/Tomato Salad Peaches & Fresh Fruit Milk Choice	Spicy Chicken Burger or Pepperoni Pizza or Ham Chef Salad Baked Sun Chips Lettuce/Tomato Salad Apple Sauce & Fresh Fruit Milk Choice	Breaded Chicken Burger or Grill Cheese Texas Toast or Pepperoni Pizza Mac & Cheese Lettuce/Tomato Salad Fruit Cocktail & Fresh Fruit Milk Choice	
<b>28</b>	<b>29</b>	<b>30</b>		
Hamburger or Stuff Crust Pizza Lettuce/Tomato Salad Broccoli w/Cheese Pineapple Tidbits Fresh Fruit (Apple) Milk Choice	Breaded Chicken Burger or Pepperoni Pizza or Chicken Chef Salad Tater Tots Lettuce/Tomato Salad Orange Gelatin & Fresh Fruit Milk Choice	Hot Dog w/Cheese Cup or Pepperoni Pizza or Chicken Chef Salad or Cheese Stix Lettuce/Tomato Salad Seasoned Green Beans Peaches & Fresh Fruit Milk Choice	Grill Cheese Texas Toast or Pepperoni Pizza Mustard, Ketchup, Mayonnaise Lettuce/Tomato Salad Broccoli w/Cheese Fruit Cocktail Fresh Fruit Milk Choice	

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**BREAKFAST**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
	Ham & Cheese Croissant or Pancakes w/Syrup or Uncrustable PB&J Sandwich Fresh Fruit Orange Juice Milk Choice	Morning Sausage or Pizza Bagel or Super Donut Orange Juice Milk Choice	Potato/Egg Taco or Biscuit w/Jelly or Chocolate Muffin Orange Juice Milk Choice	

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